Medical Swahili: Pocket Card

20 phrases for the wards in Tanzania · from the doctors at EVN, Arusha

1	Hello (elder) / How are you?	**Shikamoo / Habari yako?**
2	My name is…	**Jina langu ni…**
3	I am a medical student	**Mimi ni mwanafunzi wa udaktari**
4	May I examine you?	**Naomba nikuchunguze?**
5	What is the problem?	**Tatizo ni nini?**
6	Since when?	**Tangu lini?**
7	Do you have a fever?	**Una homa?**
8	Where does it hurt?	**Unaumwa wapi?**
9	Does it hurt here?	**Inauma hapa?**
10	A little or a lot?	**Kidogo au sana?**
11	Allergic to any medicine?	**Una mzio wa dawa yoyote?**
12	Lie down on the bed	**Lala kitandani**
13	Breathe in / out	**Vuta pumzi ndani / Toa pumzi**
14	I will check your blood pressure	**Nitapima shinikizo la damu**
15	Are you bleeding?	**Unatoka damu?**
16	Push / Don't push yet	**Sukuma / Usisukume bado**
17	Is the child breastfeeding well?	**Mtoto ananyonya vizuri?**
18	Take this medicine, twice a day	**Tumia dawa hii, mara mbili kwa siku**
19	Speak slowly, please	**Ongea polepole, tafadhali**
20	Thank you / Sorry / Get well	**Asante / Pole / Ugua pole**

Tip: stress the second-to-last syllable. Address elders with "Shikamoo"; women "Mama", men "Baba".
Full phrasebook (130+ phrases with pronunciation): electiveandvolunteers.com/medical-swahili-phrases/

The Elective & Volunteers Network (EVN)
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